

Become a

# Community Circles Facilitator

and help someone in your community live a better, more connected life



## What's in it for **you**?

- **Community Contribution**  
By giving 2+ hours a month, you can support someone in your community and make a meaningful contribution to their lives
- **Personal Development**  
Opportunity to build your own leadership and facilitation skills with best practice training
- **Build Relationships with Diverse People**  
Meet different people in your community, gain a better understanding of their needs and interests and share your knowledge & expertise
- **Join the Community Circles Family**  
Join a community of like-minded people, including educators, professionals and passionate people who care about others and their communities

## What is important to **you**?

- **People** - you are a people person, family, friends and neighbours are important in your life
- **Your Community** - you enjoy knowing your neighbours, being part of a community and creating inclusion and belonging
- **New Things** - you love trying something new, learning new skills and having variety in your life
- **Stories** - you enjoy listening to people and learning about what matters to them
- **Flexibility** - you have the flexibility to use your time and you enjoy engaging with people to find solutions that bring joy to their lives
- **Positive Difference** - you want to make a positive difference in people's lives, and in the world, no matter how small this may seem



## What is a Community Circle?

Circles bring together family, friends and volunteers in an organised way to help a person live a better, more connected life. They promote and support the person at the centre to do more of what matters to them. Circles can be for anyone who needs a bit of extra help and connection: carers, older people, young people, people living with disability or mental health challenges, and even families.

They are created with the support of a Facilitator and the Community Circles+ App, which records what's important to the person, what role everyone plays, what's coming up and how things are going. Roles played by Circle Members vary and can be anything from helping with the shopping, cooking a meal, dropping in for a friendly chat, or even taking the person out for some fun! That's why we like to refer to Circles as "the community way to help people organise their everyday".

## Find out more...

Submit an Expression of Interest to Be Involved at <https://communitycirclesaustralia.com.au/be-involved/>

- Contact us at John Perkins 0415 607 055 [john.perkins@touchedbyolivia.com.au](mailto:john.perkins@touchedbyolivia.com.au) or Justine Perkins 0414 207 495 [justine@touchedbyolivia.com.au](mailto:justine@touchedbyolivia.com.au)
- Or go to [www.touchedbyolivia.com.au/community-circles](http://www.touchedbyolivia.com.au/community-circles)
- Or scan the QR code



Community Circles forms part of the work of Touched by Olivia Foundation, a charity that believes that community connections are the key to creating a more inclusive world.

## As a **Facilitator** you will:

- Receive program specific training and ongoing support in Circle Facilitation and the Community Circles App
- Be matched with a person who is interested in having a Community Circle
- Help create the Circle by supporting the person to bring people into their Circle
- Organise monthly meetings with Circle Members, facilitate discussions and help strengthen connections
- Support ideas, lend perspective and follow up actions
- Commit to an initial 12 month period
- Join a network of like-minded individuals
- Improve your own sense of health and well-being simply by contributing to others

## Mary

*"Watching a Community Circle grow is the biggest joy I have experienced since retiring as a teacher. It's been a wonderful way to use my skills and contribute to people in my community knowing I am making a difference in their lives.*

*Plus I get to meet really incredible people with amazing life stories."*

